

DAILY - MENU

Wednesday, December 2, 2020

Item	Serving Size	Calories	Total Fat (g)	Sat. Fat (g)	Sodium (mg)	Carb. (g)	Dietary Fiber (g)	Protein (g)	Allergens	Gluten Friendly
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HOT ITEMS

Onion Rings

French Fries

Mozzarella Sticks

Mac & Cheese Bites	1 ea	330	16	5	990	37	3	9	Milk, Soy, Wheat	
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Chicken Tenders	1 ea	371	26	4	877	15	1	18	Soy, Wheat	
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SIGNATURE BOWLS

Ramen Bowl	13.6 oz	265	4	0	1004	48	6	9	Eggs, Soy, Wheat	
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The Gramercy Grain Bowl	1 ea	451	18	6	694	49	4	22	Milk, Tree Nuts	GF
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Mexican Quinoa Bowl	1 ea	266	14	2	453	29	8	5	Soy	GF
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SIGNATURE SALADS

Mexicali	1 ea	355	18	3	499	19	7	25	Soy	GF
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Seattle Caesar	1 ea	350	19	4	519	22	5	18	Fish, Milk, Shellfish, Soy, Tree Nuts, Wheat	
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Pan Asian	1 ea	279	13	2	657	18	4	15	Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts, Wheat	
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Steak Chef Salad	1 ea	372	20	5	441	24	4	18	Milk, Soy	GF
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SIGNATURE SANDWICHES

The Rachel	1 ea	648	27	9	1672	65	3	33	Eggs, Milk, Soy, Wheat
Chicken Philly	1 ea	604	23	7	946	71	3	30	Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts, Wheat
Steak Ciabatta	1 ea	783	42	9	1192	67	5	33	Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts, Wheat
The Mediterranean	1 ea	575	19	2	1445	82	14	23	Milk, Soy, Wheat

Chicken Tender Wrap	1 ea	917	57	12	2097	71	5	32	Eggs, Fish, Milk, Soy, Wheat
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