

# HILLTOP - MENU

Wednesday, December 2, 2020

## LUNCH

<b>Item</b>	<b>Serving Size</b>	<b>Calories</b>	<b>Total Fat (g)</b>	<b>Sat. Fat (g)</b>	<b>Sodium (mg)</b>	<b>Carb. (g)</b>	<b>Dietary Fiber (g)</b>	<b>Protein (g)</b>	<b>Allergens</b>	<b>Gluten Friendly</b>
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### CHEESE

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Shredded

Cheddar Jack

American

Swiss

Pepper Jack

Cheddar

Provolone

Mozzarella

### SPREADS/SAUCES

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Barbecue

Chipotle



Ham	1 ea	313	8	2	1655	34	5	28	Soy, Wheat
Beyond Meat	1 ea	286	8	1	1038	32	5	24	Soy, Wheat
Vegetarian	1 ea	191	4	0	359	32	5	10	Soy, Wheat
Egg Salad	1 ea	522	30	6	765	36	5	30	Eggs, Soy, Wheat
Tuna Salad	1 ea	439	25	3	613	33	5	24	Eggs, Fish, Soy, Wheat
Chicken Salad	1 ea	363	14	1	619	35	4	27	Eggs, Soy, Wheat

DELI SPECIALTY SANDWICHES

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Gyro	1 ea	474	21	9	1074	51	2	20	Milk, Soy, Wheat
Parmesan Melt	1 ea	489	15	9	1227	61	3	44	Milk, Wheat

Godfather Melt	1 ea	426	13	6	2391	53	5	26	Milk, Soy, Wheat
Grilled Chipotle Melt	1 ea	542	25	8	1155	45	3	36	Eggs, Milk, Soy, Wheat
Pesto Turkey Melt	1 ea	475	21	7	976	46	3	24	Eggs, Milk, Soy, Wheat

GRILL: BURGERS

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Cheeseburger	1 ea	518	35	16	430	23	1	27	Eggs, Milk, Soy, Wheat
Hamburger	1 ea	464	30	14	316	24	1	24	Eggs, Soy, Wheat
Western Cheddar Bacon Burger	1 ea	632	40	18	689	38	2	30	Milk, Soy, Wheat
Mushroom Swiss Burger	1 ea	673	49	20	558	26	1	31	Eggs, Milk, Soy, Wheat

Double Hamburger	1 ea	798	59	27	402	24	1	43	Eggs, Soy, Wheat
Double Cheeseburger	1 ea	913	68	33	633	25	1	50	Eggs, Milk, Soy, Wheat
Veggie Burger	1 ea	298	5	0	904	54	8	14	Soy, Wheat
Turkey Burger	1 ea	363	16	6	611	26	1	29	Milk, Soy, Wheat
Black Bean Burger	1 ea	511	8	1	879	91	11	19	Peanuts, Soy, Wheat

GRILL: CHICKEN

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Chicken Jalapeno	1 ea	1005	63	15	2190	72	3	38	Eggs, Milk, Soy, Wheat
Chicken Tenders (Lg)	4 ea	742	52	8	1753	30	2	36	Eggs, Fish, Milk, Soy, Wheat

Chicken Tenders (Sm)	1 ea	371	26	4	877	15	1	18	Soy, Wheat
Chicken Tender Wrap	1 ea	707	37	8	1715	64	4	29	Eggs, Fish, Milk, Soy, Wheat
Chipotle Chicken Breast	1 ea	338	13	1	1070	26	1	27	Eggs, Soy, Wheat

GRILL: PHILLY SANDWICHES

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Philly Steak Hoagie	1 ea	453	15	8	1335	52	3	28	Milk, Soy, Wheat
Chicken Philly	1 ea	443	13	7	1163	49	3	31	Milk, Soy, Wheat

GRILL: SIDES

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Mozzarella Sticks	3 ea	194	18	3	225	4	2	1	Soy
Mac & Cheese Bites	6 ea	514	36	9	990	37	3	9	Milk, Soy, Wheat
French Fries	5 oz	394	29	4	50	33	3	3	Soy

Cheese Fries

Sweet Potato Fries	5 oz	368	21	3	219	40	5	2	Soy	
Onion Rings	1 ea	548	37	6	1373	47	2	5	Soy, Wheat	
Cheese Sauce	1 ea	55	4	1	448	5	0	2	Milk, Soy	GF
Corn Fritters	5 oz	545	33	5	941	56	4	5	Eggs, Milk, Soy, Wheat	

GRILLED CHEESE

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Grilled Cheese & Ham	1 ea	575	37	11	2011	34	4	29	Milk, Soy, Wheat	
BLT	1 ea	276	11	2	628	32	5	17	Soy, Wheat	
Grilled Cheese w/ Bacon & Tomato	1 ea	578	37	11	1324	43	3	18	Eggs, Milk, Soy, Wheat	

Grilled Cheese	1 ea	497	35	10	794	31	4	18	Milk, Soy, Wheat
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LIGHTER FARE

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Egg Salad	1 ea	120	7	2	120	7	1	7	Eggs, Soy	GF
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Tuna Salad	1 ea	273	21	3	258	7	2	15	Eggs, Fish, Soy	GF
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Chicken Salad	1 ea	74	3	0	81	6	1	6	Eggs, Soy	GF
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Hummus Delight	1 ea	175	3	0	297	29	5	7	Eggs, Soy, Tree Nuts, Wheat	
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Veggie Club	1 ea	174	3	0	287	29	4	6	Eggs, Soy, Tree Nuts, Wheat	
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MEGA SLICES

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Specialty	1 ea	655	23	12	1738	92	5	38	Milk, Soy, Tree Nuts, Wheat	
Pepperoni	1 ea	528	15	9	1162	89	4	28	Milk, Soy, Tree Nuts, Wheat	
Cheese	1 ea	369	11	7	639	60	2	23	Milk, Soy, Tree Nuts, Wheat	
TACOS										
Nachos and Cheese	1 ea	530	21	3	1301	80	6	10	Milk, Peanuts, Soy	GF
Hard Taco	1 ea	195	12	5	695	11	1	10	Milk	GF
Chicken	0	510	19	7	2002	22	6	28	Milk, Soy, Wheat	
Chicken Quesadilla	1 ea	1061	37	16	2578	69	8	41	Milk, Soy, Wheat	



